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Poor Friars APPROVED by the Catholic Church



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(edited by Sr. Effata Maria Teresa)

Little Friars and Little Nuns of Jesus and Mary, Religious Community definitively approved by the Catholic Church, on the 31st May 2019 in the Diocese of Noto (SR - Sicily).



Green Pass of the Christian

Universal Certificate of Vaccination against death: the Resurrection of Jesus! Through:

Confession once a month with a Catholic Priest: Jn 20:23; 2Cor 5:18-20
Communion at least on Sundays with Jesus in the Eucharist: Jn 6:53-54



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Catholic Church



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Catholic Church

Holy Confession

with a Catholic priest
at least once a month

"1st dose: Holy Confession"



It is written: **"Whose sins you forgive are forgiven them, and whose sins you retain are retained."** (*Jn 20:23*)

Jesus says: "Go show yourselves to the priests." As they were going they were cleansed. (*Lk 17:14*)

God.. has reconciled us to himself.. and given us the **ministry of reconciliation.** (*2Cor 5:18*)

Holy Communion

with Jesus in the Eucharist
at least every Sunday

"2nd dose: Holy Communion"



Jesus said to them, "Amen, amen, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you do not have life within you. **Whoever eats my flesh and drinks my blood** has eternal life, and **I will raise him** on the last day. (*Jn 6:53-54*)

3rd dose: THE RESURRECTION!
(Where no virus will be able to harm us, for all eternity!)

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with a Catholic priest
at least once a month

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